Admin only:
Client ID No:
Date Received:
LIFESTYLES REFERRAL FORM



TEL: FR	EE	PHO	NE 03	300 003 0	818 Rea	ch for Health : W	hy Weight : Sta	y on You	r Feet : Stop Smoking	
Please complet	e each	n relevant s	ection as f	ully as possible						
First Name:					NHS No:					
Surname:					D.O.B. Sex: M/F					
Address:					Home Tel No:					
					Mobile No:					
Post Code:					Works No:					
Email Address:					Name of GP:					
Referred By:					Practice:					
Please tick	□GF	PN	☐ HV/Con	nmunity Nurse	☐ Cardiac Rehab	□ Cardiac Rehab □ Phy		☐ Dietician		
☐ Self-Referral			☐ Anothe	r Lifestyle Advisor	☐ Stroke Team		☐ Other(please specify)			
Blood Pressure Heart Ra		Heart Rate		Height	Weight	B.M.I.	B.M.I.		Waist Circumference	
PLEASE TICK PROGRAMME(S) REQUIRED: □ Stop Smoking Programme										
□ NRT □ BUPROPION (ZYBAN)					□ VARENICLINE (CHAMPIX) □ NONE					
					8+ with co-morbidities					
					a BMI over 40+ or 35+ w	ith major co-	morbidities			
☐ Reach for H										
☐ Stay on You	ır Fee	t Exercise	and Educ	ation Programme	for later life (65 yea	rs plus)				
☐ Books on Prescription										
☐ Suitable for Group Consultation										
Relevant Medical History:										
Current Medication:										
Reason for refer	ral:									

Please return to: Healthy Lifestyles, Orford Jubilee Park,

The Delive Orford Warrington WA2 8HE

Fax: 01925 625325









Client consent to refer to Wel	being Mentors:	
Yes □ No □		
Client signature:		
Date:		
Office Use Only		
Client in receipt of:		
 □ Universal Credit □ Income Support □ Job Seekers Allowance □ Employment and Support Allowance □ Housing Benefit □ Working Tax Credit □ Council Tax Benefit 	 □ Personal Independent Allowance (PIPS) □ Disability Living Allowance (DLA) □ Carers Allowance □ Students 16 years plus in full time education □ 60 years plus 	
How did client hear about the	e service?	
☐ 6 & 12 month follow up☐ Advertisement☐ Medical Professional	☐ Friend/Relative☐ Website☐ Neighbourhood & Wellbeing Tea	☐ Word of Mouth ☐ Social Media m
□ Other		
	998. Information will only be used by the Lifestyles	m will be dealt with confidentially by the Lifestyles Team Team to audit outcomes, plan further services, and offer
Data Protection Client Declaration		
I agree to the above YES \square NO \square I acknowledge the information given above is the above changes.	correct to the best of my knowledge at the time of c	ompletion. I undertake to inform you immediately if any of
Signed:		

Issue date: July 2014