

## Tell us what you think about this service

This is a pilot service. We hope it will make it easier for you to manage using the contraceptive pill. Instead of waiting for a GP appointment, you can visit a pharmacy near you, at a time that suits you, and get the same expert advice.

We would like to hear about your experience of using the service. You can tell us what worked well, and what you think we could do better. Your feedback will also help us determine whether the service should become more widely available.

The pharmacist will ask if you want to complete a short survey via text. You can choose whether to take part, and your answers won't be shared with the pharmacist.

You can also give us feedback by emailing [england.pharmacyintegration@nhs.net](mailto:england.pharmacyintegration@nhs.net)



**NHS**

## Need your next supply of oral contraception?



You can now arrange to get your next supply directly from selected local pharmacists in confidence.

Find out more information at [www.england.nhs.uk/pharmacycontraception/](http://www.england.nhs.uk/pharmacycontraception/) or scan the QR code.



## If you already use oral contraception, you can now get your next supply from selected local pharmacies.

This may be more convenient than booking an appointment with your GP or at a clinic. You can choose a time that suits you, and the service is free and confidential.

Your pharmacist can give the same expert advice about managing your contraception as your GP. You can talk to them one-to-one in a private consultation room.

## Who can use this service, and which pharmacy can I go to?

You can use the service if:

- you are already taking an oral contraceptive that has been prescribed for you
- you need your next supply of contraception
- you are happy to take part in this pilot project.

You can be referred by your GP or sexual health clinic or simply walk in and speak to the pharmacy team about the service. Some pharmacies will ask you to book an appointment, but at others you can just turn up. You don't need to fill out an application form. The time the consultation takes, and the time you wait between the consultation and getting your next supply, will depend on your individual needs. The pharmacist will always be able to advise and support you.

To find out which local pharmacies offer the service, and for more information, visit our page:

[www.england.nhs.uk/pharmacycontraception/](http://www.england.nhs.uk/pharmacycontraception/)

## What will the consultation include?

A trained pharmacist will carry out your consultation. They will ask you the same sort of questions as your GP would ask. They might also carry out some checks – such as taking your blood pressure, weight, and asking about your medical history.

The pharmacist will discuss any concerns you have. For example, you can tell them if you have noticed any side effects from your contraception. If you have noticed any side effects, the pharmacist will be able to help identify ways of managing these and, if needed, refer you to your GP or sexual health clinic for further support.

## Would any health concerns be passed on to my GP?

If the pharmacist identifies any health problems, for example raised blood pressure, they will talk to you about sharing this information with your GP. The consultation is confidential, so the pharmacist will not talk to your GP without your consent.

## Would I be able to start or switch to a new contraception method?

At this stage of the pilot, the pharmacist will not be able to issue you a different contraception method – you would need to visit your GP or sexual health clinic for this.

