# Cheshire & Mersey LPN CPPE update September 2021



### CENTRE FOR PHARMACY POSTGRADUATE EDUCATION

#### Seeing you better: Culturally competent person-centred care

CPPE learning campaign *Seeing you better: Culturally competent person-centred care,* began on Monday 13 September.

Participants of the campaign will explore how to identify a person's needs and preferences and treat them with dignity and respect regardless of their race, religion, physical or learning ability, gender, age, sexuality, current health, socio-economic status, or how they choose to live.

CPPE has designed this four-week campaign to help you as pharmacy professionals reflect on:

- Your knowledge, understanding and awareness of different cultures and communities
- Your confidence in delivering culturally competent person-centred care
- Your plans to develop your cultural awareness and competence
- The benefits to you and the communities you serve as your cultural competence develops

Each week of the campaign will feature a range of activities, including a self-reflection tool to help you identify your strengths and areas for development, a patient story that evolves throughout the four weeks, an e-challenge, and access to a new CPPE gateway page.

We will also be hosting a Twitter chat on Thursday 30 September, from 7:00pm – 8:00pm, where we will engage with pharmacy professionals across all sectors in discussing what cultural competence means. We encourage you to get involved in learning with and from your peers and share your experiences of giving and receiving culturally competent person-centred care.



#### Newly qualified Pharmacist programme

Enrollment is now open for CPPE Newly qualified pharmacist programme

The overall aim of the *Newly qualified pharmacist programme* is to support newly qualified pharmacists to develop, and demonstrate, confidence and competence in core areas of community pharmacy practice. The programme is designed to support pharmacists to become better equipped to adapt and deliver safe and effective patient care and overcome the challenges of this new stage of their career.





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The 12-month, fully funded programme takes a blended learning approach and offers a mix of online learning, workshops, assessment, and work-based support through a designated CPPE education supervisor.

The programme is aligned to the Royal Pharmaceutical Society (RPS) <u>Post-registration Foundation Curriculum</u>. The curriculum is underpinned by the RPS Foundation Pharmacist Framework, which was produced from an evidence-based role analysis of the current and future roles (until 2023) of early careers pharmacists, practicing in all sectors across the UK.

The Newly qualified pharmacist programme will be a pharmacist's first step in their post-registration professional development journey and provides comprehensive learning to support pharmacists' springboard towards Independent Prescribing (IP) training.

The fully funded 12-month Newly qualified pharmacist programme is for pharmacists who completed preregistration training in the 2020/2021 cohort and are working in independent and small/medium multiple community pharmacies (including locums).

#### Pharmacy quality scheme

For Pharmacy Quality Scheme 2021/2022, CPPE has created a new section of the website to aid community pharmacy professionals to navigate the learning programmes listed in this year's scheme.

At CPPE, we offer learning and assessments to support you in achieving criteria relating to the gateway criteria and the following four domains: gateway, respiratory, addressing unwarranted variation in care and healthy living support. For some of these domains, you may be required to complete learning from other providers. When this is the case, we will provide a link to this learning

The CPPE Pharmacy Quality Scheme pages have each domain housed in a different tab.



For all the information and to access the programmes visit Pharmacy quality scheme : CPPE

#### Hypertension workshops starting December

CPPE have a new *Hypertension online workshop* available from December 2021. The workshop aims to enable you to interpret and apply clinical guidance to support people with hypertension. Consider how to optimise their treatment and use a shared decision-making approach to empower people with hypertension to self-manage their condition. The learning programme is estimated to take 6 hours 30 minutes to complete, the online workshop is 2 hours long with preparation and post workshop activities taking approximately 4 hours 30 minutes. For more information and to book a place visit <u>Hypertension - online : CPPE</u>

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#### Health inequalities e-learning

Health inequalities is an area that all healthcare professionals can strive to improve. CPPE have a new *Health Inequalities e-learning.* 

This 2 hour e-learning clarifies what is meant by health inequalities and how it affects people. Helps you identify the needs of your local population and to provide a tailored service that meets their needs. You will also learn how to work with the multiprofessional team to manage and prevent long-term conditions while reducing health inequalities.

To find out more and to access the service visit Health inequalities : CPPE



#### Life skills e-course

Another new CPPE programme, the Life skills e-course.

This 8 week e-course helps you to reflect on your personal skill set and identify how you can develop a range of life skills to help you reach your full potential. Through engaging fully and actively with the content you will build a greater self awareness and develop a personal skill set that will help you in a variety of situations, both professional and personal. The e-course is tutor supported and the first cohort starts on 11<sup>th</sup> October. To book your place visit Life skills - developing your potential : CPPE

The aims of the programme are

- describe and apply reflective practice
- describe the concept of emotional intelligence
- identify problem areas in your time management and apply planning methods effectively
- list the methods and benefits of networking and teamworking
- describe three practical exercises to deal with stress and anxiety
- apply a range of basic assertiveness techniques at work
- apply key techniques to increase your influence over others
- support others to develop by applying mentoring and coaching techniques.

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