

Welcome to the Third edition of our newsletter. If you would like a copy of the previous edition, please contact one of our regional tutors. Please feel free to share with your colleagues.

Meet The Team

Our North West Regional Team are listed below. Please do get in touch if you have any questions or suggestions.

Deborah Howard (Regional Manager) deborah.howard@cppe.ac.uk



I have worked for CPPE for about six years now but have worked in community pharmacy for about 20 years before that. As well as supporting the regional tutors below, I also lead a team of education supervisors who support learners on our primary care education pathway. I love working with such a dedicated and enthusiastic team of pharmacy professionals.

Michelle Staples (Regional Tutor) michelle.staples@cppe.ac.uk



I have been part of the CPPE NW team for nearly four years and have a background in community pharmacy. I work with the team to support pharmacy professionals across the NW as a Regional Tutor & as an Education Supervisor for the Primary Care Pathways. In my Regional Tutor role I work closely with Sarah covering Lancashire, Merseyside & Cumbria. I also work with Jemma on the NW social media accounts.

Jemma Hutchinson (Regional Tutor) jemma.hutchinson@cppe.ac.uk



I have worked for CPPE for almost two years as a regional tutor and more recently as an education supervisor. My background is mainly community pharmacy, having worked in various roles within one of the multiples. I currently cover the Greater Manchester area as part of my CPPE role as well as helping with our regional social media accounts. I am also the main contact for Pharmacy Technicians in the North West region. I look forward to welcoming you to an event soon.

Sarah Gough (Regional Tutor) sarah.gough@cppe.ac.uk



I qualified as a pharmacist in 2004. Having done a split pre-reg placement in hospital and community I then worked predominantly in primary care. I have recently completed my PGCert in Clinical education and really enjoy my two roles with CPPE as education supervisor and regional tutor across Lancashire, Cheshire and Mersey. I am also the main CPPE contact for supporting undergraduates and trainee pharmacists across the North West.

Craig Smith (Regional Tutor) craig.smith@cppe.ac.uk



I have been a Pharmacist for 25 years and throughout that time have worked in community pharmacy in a variety of roles including Pharmacist, Store Manager and latterly as an Area Manager. I joined CPPE in 2020 as an Education Supervisor and Regional Tutor and support the Foundation Pharmacist and Primary Care Pharmacy Education Pathways. I am based in Manchester and am proud to be part of the North West Regional Team.

Online Workshops

Our online workshops offer the same range of activities, group discussion, small group learning & networking as the face-to-face workshops but in the comfort of your own space. Pharmacists, trainee pharmacists and pharmacy technicians from any sector are welcome to attend, the learning is relevant to all sectors. There are limited places left on our summer workshops, but our Autumn/ Winter workshops are now available for booking.

Topics include:

- [COPD focal point](#)
- [Asthma focal point](#)
- [Deprescribing](#)
- [Mental capacity 2005 & covert administration of medicines](#)
- [Consultation skills](#)
- [Emergency contraception](#)
- [Supporting patients living with dementia](#)
- [Antimicrobial Stewardship](#)
- [Falls Prevention](#)

- [Depression](#)
- [Hypertension](#) (coming December 2021)
- [Community Pharmacy Consultation Service](#)

Click on the workshop name above for more information and to book your place.

News & New Programmes

E-learning programmes are great for self-study. They are online interactive learning programmes, podcasts or e-lectures.

E-courses are also great for self-study over a longer period of time.

[Shared Decision Making](#)

Fantastic news, now all NHS pharmacy professionals in a patient facing role (face to face, telephone or video) can now apply for our Shared Decision Making programme.



This programme involves a nine week e-course and two full day workshops. Shared decision making and personalised care are core elements of the *NHS Long Term Plan*. Pharmacy professionals are seen as being a key provider of personalised care within primary care. Shared decision making is linked to improved outcomes for patients and puts patients at the centre of their own care, making them experts in their own healthcare decisions.

[Substance use and misuse e-course](#)



The aim of this e-course is to support pharmacy professionals to provide a person-centred approach to care for people who use and misuse substances. The e-course is split into 4 units with each unit taking approximately three hours to complete.

- Unit 1 – Individual experience
- Unit 2 – Risks and challenges of substance use and misuse and associated harm reduction services
- Unit 3 – Recovery and treatment
- Unit 4 – Delivering holistic and seamless care

[NHS Discharge Medicines Service: improving outcomes for patients transferring care](#)



This is a self-directed e-learning programme. This programme aims to support community pharmacy professionals to deliver the NHS Discharge Medicines Service. It will enable pharmacy professionals in other settings to understand how their role links to the patient's journey through this service. for this service is also now available. [Declaration of competence](#) for this service is also now available.

[Fundamentals of Respiratory Therapeutics](#)



The aim of this e-course is to improve your knowledge and skills in respiratory therapeutics. This will enable you to provide a person-centred approach to support the healthcare of people living with respiratory disease.

To facilitate your learning, we have structured the course into eight units. Some units are larger than others, but we estimate that you will need to commit an average of three hours of learning for each unit.

- Unit 1 – Introduction to the respiratory system
- Unit 2 – Inhaler technique and nebuliser use
- Unit 3 – Common respiratory conditions
- Unit 4 – Asthma
- Unit 5 – Chronic obstructive pulmonary disease (COPD)
- Unit 6 – Cystic fibrosis (CF)
- Unit 7 – Tuberculosis (TB)
- Unit 8 – Interstitial lung disease (ILD)

[Transgender Healthcare- consulting with dignity and respect](#)



This one hour e-learning looks at some of the issues the transgender and non-binary community face when accessing healthcare services. The interview panel address these issues in relation to community pharmacy practice and discuss some of the measures pharmacy can take to make sure they provide an inclusive and supportive person-centred service for people in the transgender and non-binary community.

Pharmacy Technicians

All of our CPPE learning is designed with all pharmacy professionals in mind. The [Pharmacy technician gateway page](#) is a great one stop shop for Pharmacy technician resources.

[Professionalism and Professional Judgement for Pharmacy Technicians](#)

This e-learning from CPPE has been developed to support pharmacy technicians to further their understanding of professionalism, apply professional judgement in different situations and develop knowledge to improve patient care, experiences and outcomes.

Primary Care

[Structured Medication Review](#)

This e-course runs over 12 weeks with 4-6 hours per week study commitment. The overall aim of this course is to equip pharmacy professionals with the knowledge, skills and behaviours that are needed to begin undertaking person-centred structured medication reviews.

The next course starts on the 13th September 2021.

[Primary Care Essentials E-Course](#)

The aim of this e-course is to introduce the fundamentals of new roles in primary care for those who are not eligible for the Primary care pharmacy education pathway.

This e-course will cover NHS structure and primary care, introduction to local general practice and care homes, medicines optimisation, medication review, prescribing and repeat prescribing, prescribing data, clinical information technology systems, audits, evidence-based use of medicines, working with the multidisciplinary team and person-centred professionalism.

By working through the activities in each unit and focusing on the tasks relating to your role, you will develop knowledge, skills, experience, and behaviours to support you in a role in primary care.

We have structured the programme into ten learning units and we estimate that you will probably need to commit between eight to ten hours of learning per unit to gain maximum benefit from the programme.

Hospital Pharmacy

[Orientation to Hospital Pharmacy](#)

The aim of this e-course is to support pharmacy professionals who are starting work in hospital pharmacy practice for the first time, to identify their learning needs and to ensure they have what they need to feel confident and capable starting work.

[Leading for Change](#)

This fully funded programme is open to mid-to-senior grade pharmacy professionals who work in primary or secondary care, Health and Justice or the armed forces who have completed their foundation level practice and are working at, or towards, advanced level practice.

The aim of the programme is to bridge the gap between foundation and advanced leadership practice in order to develop leaders across the pharmacy profession. It will also equip participants with the knowledge and skills to take on challenges effectively and lead in medicines optimisation to deliver better patient outcomes.

The next cohorts are due to start in September 2021 so there is still time to sign up.

Community Pharmacy

[Preparing for Community Pharmacy Practice](#)

The aim of this e-course is to build the confidence and competence of newly qualified community pharmacists who have had a significant break in their training due to the pandemic. This includes those that completed their pre-registration training but were unable to find employment as a provisionally registered pharmacist, and those who were unsuccessful in the pre-registration assessment and were removed from the provisional register.

Useful Resources

The [Supporting You](#) section of our website has lots to offer to help you and your teams at this time and going forward. The [resilience resources](#) has lots of suggestions of where help can be sought.

The [COVID-19 learning and resource hub](#) draws together the resources that we think would be most useful for a range of situations; for example COVID vaccination programme, returning to pharmacy practice, upskilling to look after those who are critically unwell.

You can also go straight to the [COVID-19 gateway page](#) where we have collated a range of advanced learning and tools.

The CPPE website has gateway pages on a variety of different topics. These pages contain useful resources from CPPE and other organisations and act as a one stop shop to find key learning in a particular topic area. Simply type the topic you are looking for into the search bar on the CPPE website and choose the gateway page option.