

Spacer Opinion Questionnaire (SpOQ)

Date:

Respiratory condition:

Asthma

COPD

Part 1

Q1

Do you have a spacer device with your prescribed pressurised metered-dose inhaler (pMDI) (sometimes known as puffer inhaler)?

Yes No

If yes, continue to Part 2.

If no, please read the Spacer Patient Information Leaflet (SPIL)

Part 2

Only proceed to this section if you already have a spacer

This is a self-test designed to help you and your pharmacist, nurse or GP to understand what you know and think about spacer devices. The separate SPIL will provide additional information.

Do you agree or disagree with the following statement?

Q1

Using a spacer with my pMDI/puffer inhaler makes it easier to get more of my medicine to my lungs than using a pMDI/puffer inhaler alone.



Strongly disagree



Disagree



Uncertain



Agree



Strongly agree

Q2

Using my pMDI/puffer inhaler with a spacer the right way (by following all steps including breathing in slowly and steadily) will decrease the taste of medication in my mouth and throat; it may also help to reduce possible side effects.



Strongly disagree



Disagree



Uncertain



Agree



Strongly agree

Q3

Having my inhaler and spacer technique checked by my pharmacist, nurse or GP and watching videos showing how to use my device will help me get the most of my treatment.



Strongly disagree



Disagree



Uncertain



Agree



Strongly agree

Q4

Replacing my spacer inhaler at least every 12 months is important to make sure my treatment works well.



Strongly disagree



Disagree



Uncertain



Agree



Strongly agree

Q5

It is important to clean your spacer regularly and properly by following spacer manufacturer instructions.



Strongly disagree



Disagree



Uncertain



Agree



Strongly agree

Mostly



Great! It sounds like you've got a good idea of how to best use your spacer.

Mostly



Sounds like there are a few areas we can work on, ask your inhaler clinician expert for further top tips.

Mostly



Oh no, it sounds like you might be struggling with your spacer. Speak to your inhaler clinician who can help you.

Please hand this form back to the community pharmacy team who will advise you what to do next.

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